



# Express Lunch Menu

Served from 12noon - 3pm Monday to Friday

## Soup of the day

Served with Guinness soda bread  
Contains Allergens: 1,3,4,5,6,9,16,18

€7.50

## Super Food Salad

Mixed leaves served with kale, quinoa, avocado & toasted seeds  
Contains Allergens: 9,11, 12, 14, 16, 18,19

€13.00

## Chicken Caesar Salad

With grilled chicken, cos lettuce, croutons, classic dressing, crispy  
bacon & parmesan  
Contains Allergens: 1, 5, 6,7 anchovy 16, 17,18

€15.00

## Ham & Cheese Melt

Dubliner cheddar, gourmet ham, sliced tomato, red onion in a  
sourdough ciabatta with coleslaw & skinny fries  
Contains Allergens: 1,5, 6, 9,14, 16, 18

€12.00

## Southern Fried Chicken Wrap

With garlic mayonnaise, cos lettuce, tomato in a flour tortilla with  
skinny fries and salad  
Contains Allergens: 1, 5, 6,9, 16,17, 18

€13.00

## Glazed Crispy Wings

Korean BBQ sauce/House Hot sauce  
Cashel blue cheese dip  
Contains allergens: 5,6,16,17,19

€13.00

## Soup & Sandwich Combo

Soup & Dubliner cheddar & gourmet ham toasted  
Contains Allergens: 1,5, 6, 9,14, 16, 18

€16.00

## Alder Beef Burger

6oz Beef patty, Dubliner cheddar, mustard mayo, on a brioche bun,  
with fries  
Contains Allergens: 1, 3, 4, 5, 6, 16, 18

€20.00

## Beer Battered Haddock Fillet

With chunky tartare, mushy peas & chunky chips  
Contains Allergens:1,5,6, 7 haddock,9,11, 12, 14, 16, 17,18

€20.00

## SWEET TREATS

### Warm Chocolate Brownie

Chocolate sauce, vanilla ice cream  
Contains allergens: 1,5,6,8

€8.50

### Apple Pie Slice

Vanilla ice cream, mix berry compote  
Contains allergens: 1,5,6

€8.50

### Baileys Cheesecake

Fresh berries, salted caramel ice cream  
Contains allergens: 1,5,6

€8.50

### Sticky Toffee Pudding

Butterscotch sauce, vanilla ice cream  
Contains allergens: 1,5,6

€8.50